

# OUTDOOR ADVENTURES FOR ALL

## SWAMP STOMPIN'

Explore the wonders and wildlife up close and personal at the Sam's Lake Bird Sanctuary. We will be on the hunt for the frogs, bugs and other wildlife that call this wetland home. Please wear your water-shoes, waders, or other clothes that you don't mind getting wet or muddy. This trip is offered in conjunction with the Southern Conservation Trust.

Day: Saturday  
Date: September 18  
Time: 10:00 a.m. - 12:00 p.m.  
Fee: \$4 per person  
Age: All ages (Under 7 years old must be accompanied by an adult)  
Location: Sam's Lake Bird Sanctuary

## TOP OF ALABAMA - FALL FOLIAGE AND GEOCACHING

Join this fall foliage trip to the highest point in Alabama, Cheaha State Park. Participants will have the opportunity to seek the Mount Cheaha Earthcache and other nearby caches. Anyone can attend if even if he/she are only going to see the fall colors. For more information on geocaching, visit [www.geocaching.com](http://www.geocaching.com).

Day: Saturday  
Date: November 6  
Time: 8:00 a.m. - 5:00 p.m.  
Fee: \$12 per person  
Age: 12 and older (or younger if with parent)  
Location: Kiwanis Center

## MOONLIGHT NIGHT HIKE

Enjoy the sights and sounds of nature at night on this family night hike. This guided nature walk will tour the trail and boardwalk of Flat Creek Nature Area. This trip is offered in conjunction with the Southern Conservation Trust.

Day: Friday  
Date: November 19  
Time: 7:00 p.m. - 8:30 p.m.  
Fee: \$4 per person  
Age: All ages  
Location: Flat Creek Nature Area

\*Participants will meet at the Fredrick Brown, Jr. Amphitheater parking lot for the Moonlight Night Hike and advanced registration is required for all adventures.

*The whole secret of the study of nature lies in learning how to use one's eyes.*

**George Sand**